

2nd-4th graders

Come Cook with Miss Holly This Summer !



Food Smarts is a hands on nutrition education and cooking class, designed for kids, with an emphasis on cooking at home from whole ingredients, fresh food, or minimally processed foods are encouraged.

For summer of 2022, there are two sessions, each session is 5 classes held Tuesdays and Wednesdays for three weeks.

Only register for one session!



Session 1: June 22, 28, 29 and July 5,6

Session 2: August 9,10,16,17,and 23

10am-11:30am

We'll be cooking in the basement kitchen of
Christ Church , 35 Paris Street, Norway



This is a free class open to all 2-4th graders. Sign up for one session.

Space is limited. You must register by contacting

Holly Stuhr at holly.stuhr@mainehealth.org